

New York Congressional District 23 Polling Memo



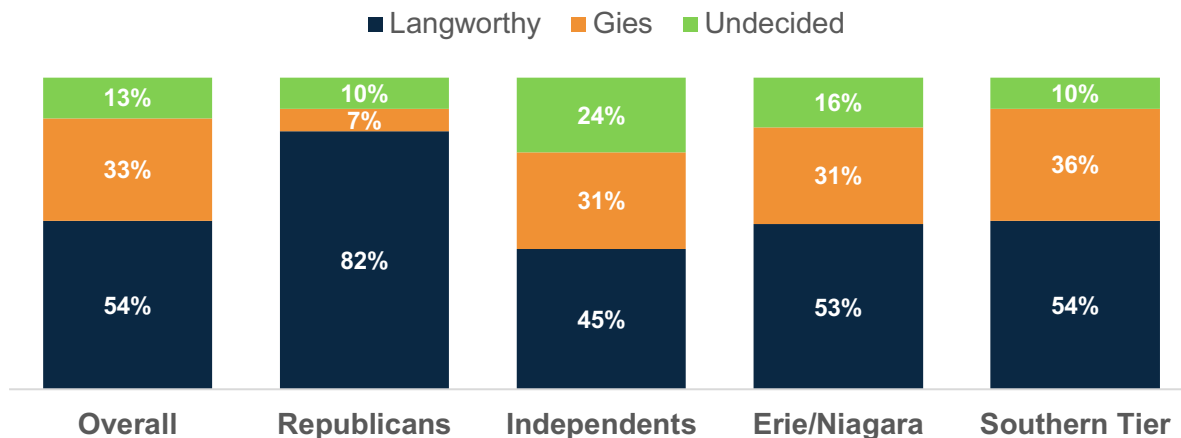
DATE: Wednesday, September 30, 2026
TO: Interested Parties
FROM: Chris Lane, Senior Partner & Pollster, Cygnal
RE: Langworthy Holds Commanding 21-Point Lead in NY-23

Executive Summary

Congressman Nick Langworthy is dominating the race for New York's 23rd Congressional District. Cygnal's latest survey shows him leading Democrat Aaron Gies 54%-33%, a 21-point margin. With six weeks to go, the fundamentals all favor Langworthy. Republicans lead the generic ballot by 15 points, most voters know nothing about Gies, and voters view Langworthy favorably.

Langworthy Leads Across Every Region of NY-23

Langworthy leads 53%-31% in Erie and Niagara Counties and 54%-36% in the Southern Tier. He consolidates 82% of registered Republicans, leads Independents 45%-31%, and even wins 19% of registered Democrats.



Gies Remains a Stranger to Voters

Approaching Election Day, Gies has failed to introduce himself to the district. His name ID stands at just 28%. Half of registered Democrats have no opinion or never heard of their own nominee. 61% of voters have seen, read, or heard nothing about his campaign.

Hochul Is a Heavy Anchor in NY-23

Governor Kathy Hochul is deeply unpopular here at 28%-68% favorable/unfavorable (net -40), a staggering 36 points worse than President Trump (net -4). Republican Bruce Blakeman leads her 61%-35%, and 56% say Langworthy's opposition to Hochul makes them more likely to back him.

Langworthy's Record Resonates

Langworthy's favorable/unfavorable rating stands at 38%-31% (net +7), the strongest of any elected official tested and 11 points better than Trump's. His 21-point lead over Gies runs 6 points ahead of the generic ballot, and he wins 18% of voters who view Trump unfavorably. Langworthy enters the final stretch with a commanding lead, a net-positive image, and an opponent who has yet to make a first impression on most of the district.

Methodology: This probabilistic survey was conducted September 19-21, 2026, with 400 likely 2026 general election voters in New York Congressional District 23. It has a margin of error of $\pm 4.90\%$. Known registered voters were interviewed via live phones and SMS. This survey was weighted to a likely 2026 general election voter universe.